the MENU

THE GREEN HOUSE

72 THE SQUARE, PALMERSTON NORTH

PHONE (06) 3553574

FB: com/greenhousesaladbar

INSTA: thegreenhouse_

SALADS

Small $11.00 Large $14.50

The Caesar

The Thai

The Pesto Pasta

The Raw Broccoli

The Teriyaki

The Falafel

(Enquire for monthly special)

Juices

Small $7.00 Large $9.00

The Vitamin C
(orange, pineapple & lemon)

The Vege
(carrot, celery, apple, lemon & ginger)

The Apple
(apple, kiwifruit & orange)

The Beet
(beetroot, carrot, apple, lemon & orange)

The Good Green
(kale, spinach, celery, apple, cucumber & lemon)

The Skin Cleanse
(celery, lemon & ginger)

Smoothies

The Green #1-DF
(spinach, avocado, pineapple, banana & lemon)

The Green #2
(spinach, kale, celery, banana, pineapple, lemon & almond milk)

The Purple
(blueberries, boysenberries, banana, honey & Greek yoghurt)

The Orange
(mango, pineapple, orange, carrot, Greek yoghurt, & lemon)

The White
(banana, Greek yoghurt & honey)

The Pink
(raspberries, banana, Greek yoghurt & honey)

The Treat
(banana, peanut butter, cacao powder, coconut sugar & almond milk)

The Yellow
(orange, mango, banana, lemon & Greek yoghurt)

The Black
(banana, mango, lemon, pineapple & charcoal)

Smoothie Bowl
$12.00

Sweet Treats
Please enquire

INCREDIBLY delicious

Muesli Cup $7.00
Fruit Salad $7.00
Acai Bowl $10.00
Coldbrew Coffee $5.00
Bruschetta $10.00
Ginger Shots $2.00

Catering
Options starting at $50.00

Add in protein or spirulina $1.50